

The Capital

December/January 2016

Kiwanian

The Official Publication of Capital District Kiwanis | www.capitaldistrictkiwanis.org

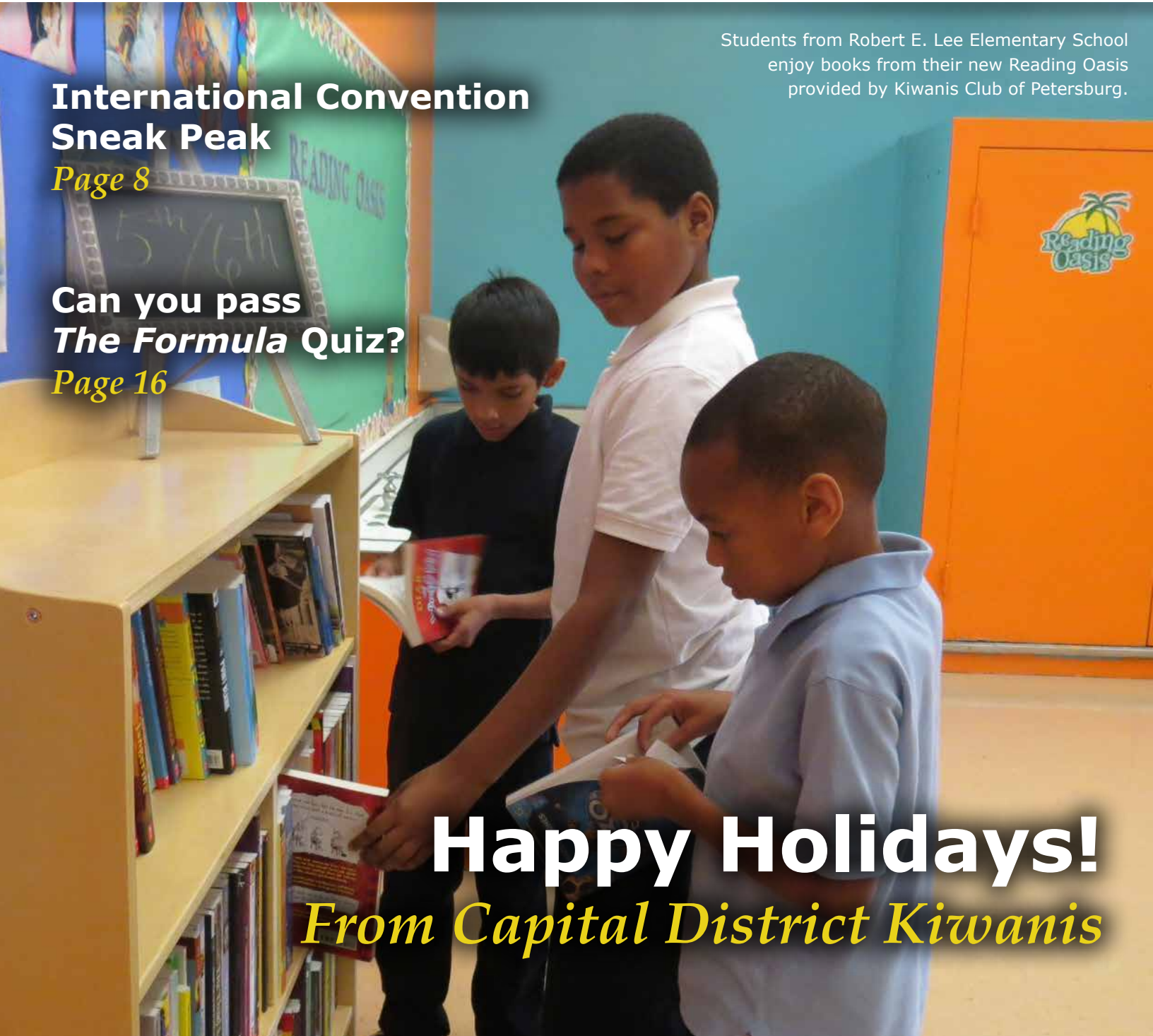
International Convention Sneak Peak

Page 8

Can you pass The Formula Quiz?

Page 16

Students from Robert E. Lee Elementary School enjoy books from their new Reading Oasis provided by Kiwanis Club of Petersburg.



Happy Holidays!

From Capital District Kiwanis



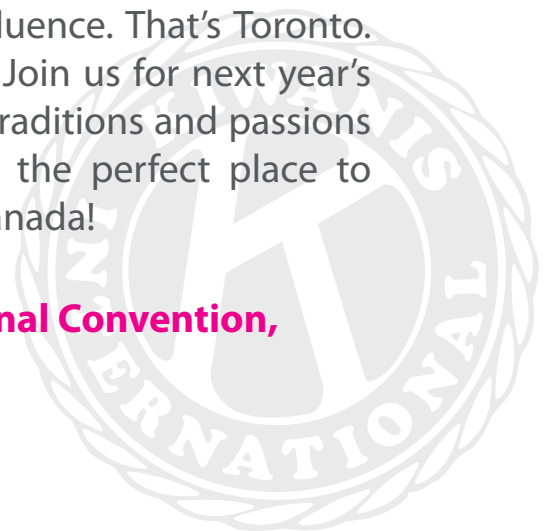
SEE YOU IN TORONTO



2016
TO
RON
TO

Canadian culture. International influence. That's Toronto. And that's where we'll be in 2016. Join us for next year's convention—in a city that blends traditions and passions from more than 100 cultures. It's the perfect place to celebrate 100 years of Kiwanis in Canada!

**101st Annual Kiwanis International Convention,
Toronto, June 23–26, 2016**





Kiwaniis

The Capital Kiwanian

The Official Publication of Capital District Kiwanis

Volume 5, Number 2

In this Issue

GOVERNOR’S MESSAGE 4
Let’s keep the momentum going!

CAPITAL IDEA..... 6
Woodbridge Kiwanis Supports Senior Citizens

GETTING THE WORD OUT 7
It’s the Most Wonderful Time of the Year...for Promoting Your Holiday Service Projects!

ICON SNEAK PEAK..... 8

AROUND CAPITAL..... 9
The Formula Quiz, Governor-Elect Training Recap

CAPITAL RECORD 12
Learn the happenings of the Capital District and its members.

MY KIWANIS MOMENT 13
John Morris, Kiwanis Club of Richmond/ Young Professionals

SERVICE SHOWCASE 14
Clubs from throughout the District demonstrate that there is no limit to the number of ways of offering service to the community

EYE ON KI 16
Signature Project Kit, The Power of Thanks, AKtion Club TLC 2016, and more!

FAMILY TIES 19
Updates from our Kiwanis Family

BEYOND THE CALL 20
Ronny V. Turner, Kiwanis Club of Haysi

DUCKY DERBY TICKETS..... 21

2015-16 Leadership Information

GOVERNOR
David Heppner
Lynchburg, VA

GOVERNOR-ELECT
Kelly Boswell
Olney, MD

SECRETARY-TREASURER
Tom Varner
Ashland, VA

IMMEDIATE PAST GOVERNOR
R. Brian Bell
Woodbridge, VA

TRUSTEE-CHESAPEAKE BAY
John Sparkman
Chincoteague, VA

TRUSTEE-HEART OF VIRGINIA
John Morris
Richmond, VA

TRUSTEE-MASON DIXON
Ted Zapalowicz
Baltimore, MD

TRUSTEE-NATIONAL CAPITAL
Jeffrey M. Wolff
Tysons Corner/McLean, VA

TRUSTEE-SOUTHEAST VIRGINIA
Judy Pantelides
Downtown Hampton, VA

TRUSTEE-SOUTHWEST VIRGINIA
Jerry Jones
Montgomery County-Blacksburg, VA

MAGAZINE STAFF
EDITOR
Jennifer Wolff
editor@capitaldistrictkiwanis.org

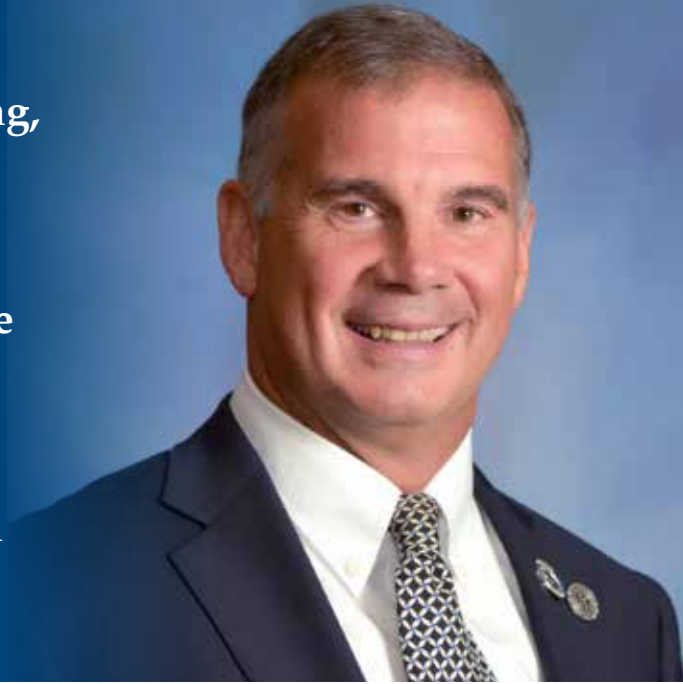
The Capital Kiwanian is published bi-monthly by the Capital District of Kiwanis International. All correspondence relating to editorial content, distribution, or advertising should be sent via e-mail to Jennifer Wolff, Editor, at editor@capitaldistrictkiwanis.org. The information in this magazine is for illustrative and discussion purposes only. It is intended to provide general information about the subject matter covered.

Governor's Message

David A. S. Heppner, 2015-16 Governor



Merry Christmas and Holiday Greetings to all! I hope you had a bountiful Thanksgiving, enjoying time with your loved ones and appreciating the many things for which we are all grateful. Traditionally, many of us are now reflecting on our goals we set last year, determining which ones we achieved and which ones we may still be working toward accomplishing.



Sometimes we set optimistic goals that would be great if achieved but, are actually very likely out of our reach. This year, let's set goals that will require us to reach beyond what we are used to, but, with hard work, are realistic and achievable. Let's push ourselves in every way - to be better, to be stronger, and to achieve more for our communities. Let's be kinder to those around us with differing viewpoints and work toward identifying common ground. Let's give 10 percent more of our time to Kiwanis service, to reach higher and give more to others. You may ask yourself, why should we leave our comfort zone and stretch ourselves? Because we are Kiwanians. It is our mission to join together to help others. We thrive

on sharing of ourselves to better our communities, districts, and the world around us. The world is comprised of energy givers and energy takers, clearly Kiwanians are energy givers. This is evident in every goal that we accomplish across our clubs and communities.

Many of us are extremely busy working with both Kiwanians and non-Kiwanis members ringing the bell for the Salvation Army, cooking breakfast with Santa, collecting toys for young children in our communities, and planning safe alternative New Year's Eve celebrations for our youth. This year, step back and look around at your fellow volunteers at these events. Take notice of the volunteers whose smiles

are infectious, whose energy seems boundless, and who seem to genuinely enjoy the interaction with others. We need more of these people in our clubs, and we need to make a concerted effort to find them. Look around your congregation at church. Who are the members that take on different roles from being ushers to taking care of the flower arrangements and cooking for special events? Who are the members who give their time with compassion and enthusiasm? Many of our clubs have trouble this time of year filling volunteer slots for the many service projects they are doing. Why not invite those dynamic volunteers you observe in your daily interactions to join you in a Kiwanis service project? Why not

invite them and welcome them into the Kiwanis family? Most Kiwanians list service and fellowship as their two primary reasons for being a Kiwanian. Wouldn't these people make great Kiwanians so they too could enjoy the fulfillment and satisfaction that comes with being a part of such a tremendous organization? I encourage you to embrace this philosophy. It is our responsibility to identify those around us who will be, like we are, dedicated and enthusiastic Kiwanians who are devoted to bettering our world!

The finish line is finally in sight on our second worldwide project, Eliminate Maternal and Neonatal Tetanus. I thank all of you for your unending support of this worthy endeavor. The Capital District lead the way in securing district pledges around the world helping to achieve an ambitious goal of \$110,000,000! What a tremendous accomplishment! I feel confident with the Holiday season upon us, clubs are digging a little deeper into their pockets to bring us across the finish line on December 31st. Keep the momentum going!

As 2015 draws to a close, I want to thank each and every one of you for your tireless commitment to Kiwanis. We have had a great year, and I know that 2016 will be that and more. I look forward to working with you to achieve our goals and to continue the Kiwanis legacy of selfless giving to those in need.

SAVE THE DATE

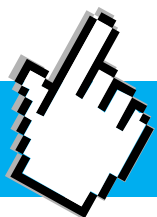
District Convention 2016

April 22-24, 2016

Hilton Richmond Hotel & Spa

Go to www.capitaldistrictkiwanis.org for the latest information.

Visit the
KIWANIS STORE
for the latest apparel,
meeting items, and more!



store.kiwanis.org

A Capital Idea

Service Tip #18:
Projects benefiting senior
citizens can be very
rewarding



Woodbridge Kiwanis Supports Senior Citizens

Woodbridge Kiwanis members supported two Thanksgiving events for Woodbridge senior citizens. The first event was a Thanksgiving Luncheon for the Woodbridge Senior Day Care Center on Tuesday, November 17, at the Ferlazzo Building. The second event was a Thanksgiving Luncheon for the Prince William Senior Center on Thursday, November 19, also in Woodbridge.

The Woodbridge Kiwanis Club contributed \$600.00 for each event, and Woodbridge Kiwanis members served Thanksgiving lunch to the senior citizens at both events. Over 40 senior citizens attended the Senior Day Care Center luncheon, and over 100 senior citizens attended the Prince William Senior Center luncheon.

This is an annual tradition for Woodbridge Kiwanis. Funds for these events were derived from Kiwanis Peanut Day fundraising at local supermarkets.

ABOVE: Kiwanis Woodbridge members serving at the Prince William Senior Center: Eric Schuette, Brian Bell, Herb Tiede, President Vonja Jackson, Al Knehans, John Wiley, and Ken Stang.



Getting the Word Out

It's the Most Wonderful Time of the Year....for Promoting Your Holiday Service Projects!

By Caren Schumacher, Chairperson
Capital District Public Relations

Kiwanians love to help those in need, and the holidays bring out the best in us. Around the Capital District, Kiwanians are participating in a variety of worthy service projects to bring joy to those in need. We feed the hungry. We ring the Salvation Army Bell. We provide toys and gifts. We make a difference.

Your Kiwanis Family holiday service projects are newsworthy! Don't forget to include the activities of the aKtion Club, CKI, Key Club, Builders Club or K-Kids! Take the time to let local media know about the good work that's being done in your community. Write an article, submit an editorial, or simply provide a picture that illustrates an activity. Use this opportunity to promote Kiwanis, your K Family and our mission; it can yield new members for your club. It can also raise awareness about a need in your community, and garner expanded support for an important cause.

Kiwanians do great things year round. However, there is something extra special about our service during the holiday season. Our efforts can put a smile on a child's face on Christmas morning, and ensure that a family has food on their table and coats to wear as cold weather approaches. That's what the Kiwanis Family does: we help other families.

Don't let 2015 come to a close without promoting how your club and your K Family have made a difference in your community. Then let's all make a New Year's resolution to do a better job of promoting Kiwanis in 2016 and beyond!



ICON Sneak Peak

Kiwanis International is gearing up for what is sure to be a memorable convention. Read on to see what Toronto has to offer this June 2016!

Jewel and Fifty Amp Fuse to perform at gala dinner

Singer, songwriter and storyteller Jewel will perform her soulful and stirring songs during the gala dinner on Saturday, June 25. The evening will include a full dinner and a private Jewel concert, and will close with dancing to the beat of Detroit-based band Fifty Amp Fuse, who will perform hits from six decades of American and British pop/rock. Tickets will be available when convention registration opens.

Ground control to Major Tom

Astronaut Chris Hadfield will address Kiwanians and guests during the convention's opening session. In the meantime, enjoy his music video, a performance direct from space!

Tell us your convention connection story

Did you meet your significant other at a Kiwanis convention—or make lifelong friends? Did you bond with fellow club members on a convention trip? Tell us how you connected with other Kiwanians during a Kiwanis convention by replying to this email, and we might publish your story!

Help us promote the convention

The Toronto convention website offers facts and tips about the 2016 convention. It's also a resource for your own promotional efforts. Download items such as the logo in multiple versions, promotional ads or interesting facts about our host city. Be an advocate for the convention—tell fellow Kiwanians about the benefits of attending!

Your five-day Toronto budget

Some of you have asked us how much to budget for five days in Toronto. For registration, four nights at a hotel and meals for one person, count on approximately US\$1,300. Plus some money for your tourism adventures. Your return on investment: heartwarming moments, a voice in the future of Kiwanis...and a better-informed, inspired-to-serve, enthusiastic you!

Lower fuel prices bring lower airfares

As fuel prices drop, so do airfares. In 2015, flight costs have been lower than in the past few years. Look around and book early—so you can celebrate the 100th anniversary of Kiwanis in Canada with thousands of fellow Kiwanians!

Idea exchange coming to Toronto!

Back by overwhelming demand, attendees can experience an idea exchange to hear real success stories about service, fundraising, membership and branding. If you have a story worth sharing, please email the education team at education@kiwanis.org.

Get there, be ready

The Thursday morning education sessions are great opportunities for learning. Plan your arrival in Toronto so you can be ready to go at 9 a.m. on Thursday!



Around Capital

A Formula Quiz – a quick test on how to strengthen your Kiwanis club!



By PG Carolyn Richar
District Chairperson, The Formula

1. **The Formula is:**
 - A. A race car sponsored by STP
 - B. A chemical recipe for headache relief
 - C. A Kiwanis International sponsored program for all Kiwanis clubs
2. **The slogan for the Formula program is**
 - A. Eat, Pray, Love
 - B. Love It, Share It, Live It
 - C. Love Makes the World Go Round
3. **Love it stands for**
 - A. Identifying what you love about your Kiwanis club
 - B. Identifying what you would do to strengthen your Kiwanis club
 - C. Making changes to make your Kiwanis club stronger
 - D. All of the above
4. **Share it stands for**
 - A. Inviting others to help with Kiwanis service projects
 - B. Having regular events to share the mission of your Kiwanis club in your community
 - C. Being able to give a 1 minute talk to a stranger about what Kiwanis means for your life.
 - D. All of the above
5. **Live it stands for**
 - A. Wear your Kiwanis pin every day – not just to your meetings.
 - B. Regularly looking for ways to share the Kiwanis message in social media and in person.
 - C. Wear your Kiwanis shirts/t-shirts/hats when grocery shopping or running errands.
 - D. Helping to open a new Kiwanis club in a community that has children in need.
 - E. All of the above
6. **People who volunteer in the Formula serve as**
 - A. Club Counselor
 - B. Club Opener
 - C. Pit Crew
7. **You have to have served as a Club president or Lieutenant Governor to be a member of the Formula team.**
 - A. TRUE
 - B. FALSE
8. **A club has to be below charter strength to get help from the Formula Team**
 - A. TRUE
 - B. FALSE

Turn to page 10 for the answers! ➔

Around Capital

The Formula Quiz Answers

1. C. The Formula is a Kiwanis International sponsored program of local Kiwanians who volunteer to strengthen local clubs and assist in opening new clubs.
2. B. While Eat, Pray, Love does summarize a lot of Kiwanis meetings, Love, Share It, Live It is the motto of the Formula Kiwanis program.
3. D. Love It is the part of the program that gives local Kiwanians the opportunity to identify both what they already love about their club – and what they would change that would inspire even greater love – and then taking steps to make any needed changes happen.
4. D. Sharing it inspires Kiwanians to invite others to experience all the wonderful parts of Kiwanis by letting people experience our service projects, meetings and socials – and then inviting them to become a member.
5. E. Living it takes us beyond inviting people individually to helping us reach out more broadly in our local communities as we wear Kiwanis pins and logo clothes, look for ways to get Kiwanis publicized and help open new clubs where there are children in need.
6. A and B. I know, trick question – but I never said you could only pick one choice. Both club counselor – one who works with a club to help club members celebrate what they love and help change what could be better – and club opener – one who assists a team of local Kiwanians to open a new club in a community with children in need – serve as members of the Formula team.
7. FALSE. A Formula team member is not required to have served in any particular office. While it is helpful to have served as a club officer, the main requirements are to be enthusiastic about Kiwanis, be able to work well with a variety of personalities, and to have 2-4 hours a week to give.
8. FALSE. The Formula is designed to help all Kiwanis clubs – clubs of 200 members can benefit as much as clubs of 12 members. The Formula is not designed just for Kiwanis clubs that are struggling – but for any club in a community with children in need that the local Kiwanis club is not yet serving. The Formula is designed for your Kiwanis club!

Currently, approximately 30 clubs have worked with a Formula club counselor and/or club opener. We have opened two new Kiwanis clubs – Richmond Young Professionals and Dinwiddie. There is so much more we could be doing to help your club and your community!

If you want to discuss the possibility of having a club counselor work with your club, let your Lieutenant Governor know or email chair, Carolyn Richar, at carolynsrichar@hotmail.com. If you are interested in sharing your love of Kiwanis with other Kiwanis clubs and helping them become stronger, email chair Carolyn Richar at carolynsrichar@hotmail.com. I look forward to hearing from you soon!



Governor-Elect Training “Energizes the Dream”

By Kelly Boswell, Governor-Elect
Capital District Kiwanis

I wanted to take a moment to share with you the most memorable and inspiring experience of my life, Governor-Elect training. No one could have prepared me for what I was about to encounter. November 2-7, the 2016-2017 Leadership Team, consisting of our incoming President Jane Erickson and 50 of the most committed Governors-Elect arrived in Indianapolis, Indiana. As Jane said on our last day “We came in as individuals, and we leave as a community.” Kiwanis is an international organization, but no matter what part of training I was involved in, the world for me became a little smaller and the impact that we

“We came in as
individuals, and
we leave as a
community.”

all had in our own communities, was much more clear. I can’t describe it, for the first time, I felt a part of something so much more bigger than I imagined. Here I was, with a group of strangers, all with the same goal...improving the world, one child, and one community



The 2016-2017 Leadership Team

at a time. Seems simple, doesn’t it.

The “Dream Team 102”, will be instrumental in rolling out the Kiwanis I-Plan, Kiwanis International’s strategic plan. The Kiwanis I-Plan is designed for each district and club to use as a guide to create their own plans and choose their own paths toward accomplishing common goals. The plan focuses on four goal areas – or priorities – that will help clubs, districts and our overall organization thrive for years to come as a positive force for good in the world. The four areas are: Inspiration – Membership & Engagement; Impact – Meaningful Service; Image – Our Kiwanis Image; and Investment – Financial Viability. In January, eight representatives from

the Capital District will join other districts in our Region to discuss the I-Plan in more detail. Our group will work together to design a plan that will implement the four goal areas that will address our districts needs and concerns.

Also in January, I will start my “Chats with Kelly.” These calls will take place on the second Tuesday of every month, starting on January 12th, at 9pm. The call-in number is 702-589-8325 code 3205367. I want to hear about your successes, goals and anything else that you would like to talk about. If you want to discuss a matter that you don’t

Continued on page 13

Service Showcase

News From Capital District Kiwanis Clubs

Division 2



On December 12th, graves were adorned with wreaths as part of Wreaths Across America at Arlington National Cemetery. Organizers estimated that volunteers placed 240,815 wreaths at Arlington. The **Kiwanis Clubs of Fairfax and Tysons Corner/McLean**



Division 5

The **Kiwanis Club of Greater Ocean Pines-Ocean City** brought in Coats and Toys for Worcester GOLD (Giving Others Lives Dignity) to use for their "Helping Hands" Program at Christmastime. Kiwanis members filled the back seat and trunk of a car with the collected items to be taken to their offices in Snow Hill for distribution. Worcester GOLD works with Social Services to identify where the items are most needed so that they can have a better Holiday Season.

Division 10

Kiwanis Club of Peterburg member **PLG Sandy Conover** won a Reading Oasis at ICON in Indianapolis at the Scholastic Books vendor's booth. The value of the oasis is worth over \$10,000. The Kiwanis Club of Petersburg paid for the artwork and installation of the logos at the Robert E. Lee Elementary School. The city supplied the orange paint and brushes to paint the room. Scholastic Books fully supplied The Oasis, to include a modular reading center; a listening

center with four headphones, cds and books; the carpet for the floor; three bookcases; 100 books for each grade level from Kindergarten to Sixth Grade. The ribbon cutting was held Monday, October 19th.

Division 12

On Tuesday, at their weekly breakfast, **The Kiwanis Club of Poquoson** presented a "Truck Load of Toys" to the Poquoson Empty Stocking Fund. This is the seventh year Kiwanis has participated in this worthwhile program, spearheaded by Frank and Madonna Kreiger and Tom and Carol Mann, all of Poquoson. This year, the Poquoson Kiwanis Satellite Club raised over \$500 to contribute to the Fund, and the Poquoson Club added its own funds to top the gift up to \$1,000, which Club President Rick Neff presented at the breakfast meeting.



Governor-Elects *cont'd from page 11*

want to share with others, please feel free to call my cell 301-602-9487. You must think I'm crazy for giving out my cell phone, I might be, but I work for you the 5,300+ members of our District.

I'm ready to serve the Capital District. Together, let's Energize the Dream. Dreams strengthen creativity. Dreams spark imagination. Dreams power innovation. All children deserve the right to dream.

Kiwanis clubs in every community erase the barriers that stop the dreaming. Kiwanis clubs take away worries, pain and hardships. Kiwanis clubs provide the opportunity for all children to reach their full potential. Kids need Kiwanis now more than ever.

In 2016-2017, we will Energize the Dream that every child is happy, healthy, safe and loved.



For the twelfth year, the **Kiwanis Club of Grafton**, with assistance from Peninsula Bicycling Association members, built and tuned-up about 200 bicycles for the Salvation Army's Angel Tree program. Fourteen members put in 70 volunteer hours to provide ready-to-ride bicycles on Christmas morning. Bikes tires were inflated, brakes, saddles, and handle bars were adjusted. Thanks to the "Angels" who donate the bikes and to the volunteers who make them ready to ride.



A BIG SHOUT-OUT

Thank you Nicole McDermott and the Pinecrest K-Kids Club for the special "thank you" post cards that they made for "Dream Team 102". I was so happy to tell everyone that these cards were specially made for us by members of the Kiwanis Family in the Capital District. Thank you Pinecrest K-Kids, you made the whole team feel special.



The Capital Record



Kiwanis Kids

Kiwanis Club of Tysons Corner/McLean member **Nicole McDermott** has recently been appointed as the District Administrator for Kiwanis Kids, which oversees K-Kids, Bring Up Grades, and Terrific Kids. "I am very excited for the Capital District to place K-Kids in such talented, enthusiastic, and capable hands!" Gov. David Heppner said.

New Builders Club

Our newest **Builders Club at Newport Mill Middle School**, sponsored by **Kiwanis Club of Leisure World**, held their charter ceremony on November 12th. The club has a membership of 25 and is still growing. The members have already started several projects and fundraisers. They are in the process of collecting funds for Heifer International in hopes of raising enough to purchase an animal to provide families a hand up, increasing access to medicine, school, food and a sustainable livelihood. Thank you **Susan Leshner** and **Ed Weiner** for stepping up as Kiwanis Advisors to our newest family members.



Happy Birthday

On Wednesday, November 18th, the **Kiwanis Club of Wheaton/Silver Spring** celebrated member **Joe Smith's** 103rd birthday. Members from Joe's family and other Clubs from Division 3 attended the festivities. Joe has been a member of Kiwanis since 1978 and joined his home club in 2005. After a rousing round of "Happy Birthday," Governor-Elect Kelly Boswell presented Joe with a letter and the Presidential pin from International President Sue Petrisin.

Bon Voyage

The Kiwanis Club of Greater Ocean Pines - Ocean City is losing long time member, **Bob Fralley**, who is moving to Bonita Springs, FL with his wife Emma. Bob has been a member of Kiwanis for 50 years with the local club being his last stop. At the weekly meeting on Wednesday October 21st in the Ocean Pines Community Center, members gathered around Bob (center in light blue shirt) to say farewell at his last meeting. Hopefully he will come back North and visit from time to time.

Donations

MidAtlantic Symphony Orchestra Honorary Director Pat Barrett accepted a \$300 donation presented by President Mark Joseph of the **Kiwanis Club of Greater Ocean Pines - Ocean City** to be used for the children with whom the MSO works through their "Education & Outreach" programs. The MSO school programs this past year reached over 672 students."

Happy Anniversary

December

Marion	1922
Towson-Timonium	1928
Westminster	1931
Clintwood	1937
Parkville	1944
Chincoteague.....	1946
Loch Raven	1950
Hampden-Midtown.....	1952
Virginia Beach	1954
Northwest Washington.....	1955
Severna Park.....	1955
La Plata	2002
Potomac.....	2006

January

Portsmouth	1920
Lynchburg.....	1920
Norton	1921
Radford.....	1923
Dover	1935
Bridgeville.....	1939
Bethesda	1945
Eastern Branch	1948
Suburban Frederick.....	1972
Northern Neck-Kilmarnock.....	1989
Blue Ridge.....	1990
Grafton	1991
Downtown Hampton	2009

My Kiwanis Moment

John Morris

Kiwanis Club of Richmond/Richmond Young Professionals

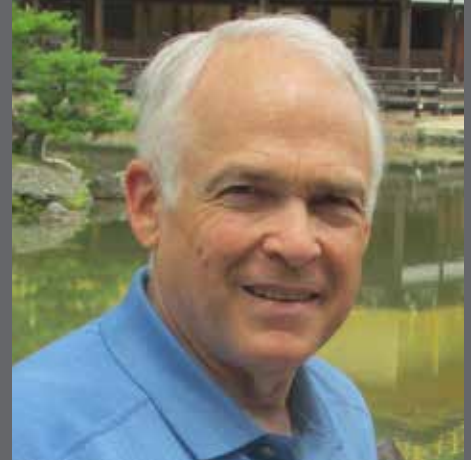
While I have had many Kiwanis moments, the ones that always bring a smile to my face and warmth to my heart are the experiences I had with Terrific Kids at Maymont Elementary School. We would go to Maymont four times a year and hand out stickers, pencils, rulers and similar rewards to children who were Thoughtful, Enthusiastic, Respectful, Responsible, Inclusive, Friendly, Inquisitive and Capable ("TERRIFIC"). With the entire school in the audience, the students would be called individually to come on stage to receive their rewards from Kiwanians and to be congratulated by Kiwanians and their principal. The joy and pride showing on the faces of the children as they crossed the auditorium stage was amazing.

The value of what we were doing was brought home to me by the Principal. She told us how excited she was to see so many children who were never recognized at the school have a moment

in the spotlight walking across the stage.

Terrific Kids is so valuable because, rather than recognizing smart children for outstanding academic accomplishments, it rewards good behavior and good effort. While academic achievement is important, learning to be a good person and a good citizen is vital to their long-term health and happiness. Terrific Kids builds character and teaches children that if they do things the right way and behave themselves, they will be successful.

After having presented at Terrific Kids ceremonies for a couple of years, I received further confirmation of how much good the program does for our children and our communities. My sister, who was at that time a second grade teacher in Lynchburg, learned that I was a Kiwanian. Her face lit up. She exclaimed "Terrific Kids! That is the most wonderful program!" Needless to say, she loved what it did for her students.



Maymont School was unfortunately closed by the City of Richmond during a round of school consolidations. However, Terrific Kids continues in many schools. I am comforted with the knowledge that those children that we recognized on the Maymont stage received the valuable gift of the feeling of self-worth and pride which they still carry with them.

Share YOUR Kiwanis Moment! Email editor@capitaldistrictkiwanis.org

Honors

On November 3, 2015, Sgt, Michelle Anaya and Trooper Jamie Russo, VSPA Secretary presented the **Kiwanis Club of Great Bridge** with a Citizen Appreciation Award for their continued support to the Virginia State Police and for providing funding to the Division V Trooper Bear program. The Trooper Bear Program was founded by Retired Captain R. Daniel Plott in which he would

dress up in the VSPA Trooper Bear costume and visit the sick children at CHKD (Children of the Kings Daughters Hospital) bringing them joy and trooper teddies. Great Bridge Kiwanis has graciously funded the bears every year to allow the State Police to continue putting smiles on children's faces. Each year, a couple of Great Bridge Kiwanians accompany the state police on their trip through the hospital

Welcome to Kiwanis

**Kiwanis Club of Williamsburg:
Bill Shelton**

**Kiwanis Club of Tysons Corner/
McLean:
Stacey Shih**

Eye On KI

News from Kiwanis International

Members honored on International Volunteer Day

Kiwanis club members annually donate 18.5 million hours for service projects, with an economic impact of nearly half a billion dollars, all to improve the lives of children around the world.

On International Volunteer Day, Saturday, December 5, Kiwanis International will recognize the efforts of club members from Japan to England and Australia to the United States, so that one day all children will wake up in communities that believe in them, nurture them and provide the support they need to thrive.

“We know our clubs make a difference in their communities,” said Sue Petrisin, 2015-16 Kiwanis International president. “And when we tally service hours and the value of a volunteer hour, Kiwanians have an economic impact of US\$426,795,000, which shows that no effort is too small when combined with the larger goal of serving the children of the world.”

Every year, Kiwanis club members donate a combined 18.5 million hours of volunteer service. The Independent Sector estimates \$23.07 as the hourly volunteer rate, making the total Kiwanis impact at US\$426,795,000.

“We know kids need Kiwanis, and thankfully our volunteers are up to the task, providing time, energy and talent

to provide a better future for children in communities around the world,” Petrisin said. “On International Volunteer Day, and every day, the Kiwanis leadership and members of the board of trustees say a hearty thank you to our nearly 670,000 members who know they can make a difference in the life of a child.”

A tool to turn club service into a Signature Project

Check out the new Signature Project Toolkit. It’s a way to make a club’s project great—and transform it into something your community knows you for!

This online resource will help explain:

- What a signature project is
- How to choose a project
- How to execute the project
- Ways to work with our portfolio of partners.

And there’s more! Check it out today at <http://www.kiwanis.org/kiwanisone/serve/service-projects/signature-projects#.VmyJeBqDFBc...> and get your club started on making an impact that makes your club prominent in the community.

The perfect gift that fits everyone

Sometimes there’s nothing more thoughtful—or perfectly fitting—than supporting an organization that is near to a person’s heart. This year, consider giving a gift by making one—in honor of that special person.

Simply make your gift online at <https://secure.qgiv.com/for/hgc2>. The Kiwanis International Foundation will send the honoree a letter sharing the donation and showing the impact you’ve been inspired to make.

With the Kiwanis Children’s Fund, every gift matters—there’s no such thing as the wrong size, color or fit. A gift like this is always right ... for anyone on your list.



The power of thanks

We all appreciate a little appreciation. And it doesn’t always have to be a big production.

Watch our new video to see the importance of saying, “Thanks.”



One million U.S. Dollars closer to MNT goal

A message from The Eliminate Project Chairman Randy DeLay

We are US\$1 million closer to our goal thanks to the Indiana District. The recent pledge brings our fundraising totals to more than US\$104 million*, which will save or protect more than 55 million women and their future babies from maternal and neonatal tetanus (MNT). I am incredibly proud of our efforts during the past five years. Our work is making a profound, historic impact. We will continue to fight until we reach our goal. Together, I know we can do it!

'Tis the season of giving

As we begin the holiday season, we find ourselves on the verge of completing what seemed impossible five years ago. The Eliminate Project has raised US\$104 million—leaving only US\$6 million left to reach our goal.

While we celebrate progress, we also remember the women and babies still threatened by this cruel, deadly and needless disease. Please give a gift to help the families still counting on us. Just US\$1.80 protects a woman and

her future babies from MNT.

UNICEF will reach more than 3.3 million women through tetanus immunization activities in the coming months, provided funding is available. Help the families in countries like Kenya, Sudan and Nigeria where MNT remains a deadly threat.

Help save babies today ... and every day. Make your commitment now.



New-club chartering kit updated

During the October 2015 meeting of the Kiwanis International Board it was decided that the gong and gavel found in the new-club chartering kit be replaced with comparable items of less expense. This decision was made as a cost-cutting measure resulting from the expansion of the dues waiver for clubs opened between January and September.

Effective for clubs chartered after January 1, 2016, the new-club chartering kit will feature a gavel and personalized gavel stand instead of a gong and gong top (which can still be purchased from the Kiwanis Family Store). It is estimated this change will reduce the organization's expense for charter gift kits by approximately US\$60,000 annually. There will also be a significant decrease in the cost of

shipping, as the brass gong and top are very heavy and costly to ship.

Following are the items that will be included in new-club chartering kits, effective for clubs chartered after January 1, 2016:

- Kiwanis flag
- Club banner
- Gavel
- Gavel band
- Personalized gavel stand
- Officer pins
 - o 1 President
 - o 1 President-elect
 - o 1 Vice president
 - o 1 Secretary
 - o 1 Treasurer
- Charter member lapel pins (1 for each charter member)
- Charter member certificate and envelope (1 for each charter member)
- Single window name badge (1 for each charter member)

Kiwanis International Foundation joins Facebook

The Kiwanis International Foundation is now on Facebook. Like their page so you can be the first to receive updates and be part of the conversation. Keep an eye out for maternal and neonatal tetanus (MNT) elimination updates, inspiring grant projects, news stories and more. Help us spread the word. After subscribing to these accounts, start sharing!

Eye On KI



TLC 2016: Three events, three locations

The 2016 Training and Leadership Conference is coming this summer. In fact, it's coming to three different locations! In 2016, Aktion Club will hold a TLC event in:

- Toronto, Ontario: Thursday, June 23
- Baltimore, MD: July 22–24
- Sioux City, NE: September 16–18

With the growth of Aktion Club, we wanted to share our annual event with more members. So we're providing more opportunities to attend—and in more places that members can reach. After all, our members are part of the Kiwanis family's fastest-growing program. It's time to make our signature event accessible to more people than ever.

Scholastic Book Fairs classroom wish lists

Giving students access to good books—both fiction and nonfiction—increases time spent reading by up to 60 percent and improves reading performance. The best way to create this type of environment is for every classroom in every school to have a well-stocked, regularly refreshed library—regardless of subject matter or grade level.

Unfortunately, many teachers struggle to maintain an adequate classroom library. Last year, teachers spent an average of about US\$500 of their own money on supplies and books for students.

The Scholastic Book Fairs® Classroom Wish List program makes it possible for teachers to have well-stocked libraries for their students. It's an easy way for Kiwanis clubs to help teachers build their classroom libraries.



Family Ties

Updates from Our Kiwanis Family

Key Club Arshad Fakhar, Governor

Hello Capital Kiwanians!

I would like to congratulate you all on a successful Kiwanis Family Month. It was great seeing all clubs in the District come together and collaborate with SLPs to produce meaningful service and fundraising.



Each branch brings something quite extraordinary to the table. Combined, we are ready to take on any community in need! As Kiwanis International turns 101 this January, I want to remind you that it is important to always build and strengthen our Kiwanis Family Relations.

As the holiday season rolls around, Capital District has done lots of service projects and fundraising. Key Clubbers all over have participated in "Trick or Treat for UNICEF" for the month of October, and we are getting closer to reach our \$100,000 goal for the Eliminate Project. Our District also celebrated its first Kiwanis Family Fall Rally at Kings Dominion, as well as host its annual Key Leader event for any high school student. I advise you all to remind your Key Clubs about our Eliminate goal, as we want to finish this year strong. Thank you for your continued support and on behalf of Capital District Key Club, I wish you safe and wonderful holidays!

Yours in Friendship & Service,



Arshad Fakhar

CKI Matthew Johnson, Governor

Happy Holidays Kiwanians:

I can certainly say that I'm excited for the end of another semester and the start of a new year. This is a great opportunity to rekindle our work with the Kiwanis family and push to reach all of our goals in the new calendar year.



For Circle K, we're over halfway through the year and reaching the close in just a few months. We're still pushing to finalize our goals for the end of the year and to ensure that all of our clubs pay dues. With District Convention quickly approaching in February, our district board has a lot of work to do to ensure that we provide the best event possible to our Circle K members. District Convention is an outstanding opportunity to reward our clubs and give back to them for a great year of service, fellowship, and leadership, and I'm incredibly excited to see all of our members and various Kiwanians at this event.

However, with District Convention comes the election of a new board of officers to lead our district in the new year, and I look forward to seeing the new amazing leaders who will rise to the occasion and continue to push for the prosperity of our district. Personally, this will be my fourth and final CKI District Convention as a CKI member, and I'm determined to see my way out with an amazing event. In the past four years, I've had the opportunity to work with outstanding members from the various Kiwanis family organizations and from various districts, and I hope to see the Capital District continue to succeed in the new calendar year and as we begin to transition to a new board of officers.

With a few short months left, we've got a lot of work left to do.

Yours in Service and Sunshine,



Matthew W. Johnson

Beyond the Call

Nominate a deserving Kiwanian for *Beyond the Call*. Contact editor@capitaldistrictkiwanis.org

Ronny V. Turner Kiwanis Club of Haysi

Lt. Governor Ronny V. Turner embodied the true Kiwanis spirit of service before self. He joined Haysi Kiwanis on March 31, 1994 and had 7 years of perfect attendance. Ronny held many positions, including Division 17 Lt Governor, club president, and Master of Ceremony for the club Truck Pulls, Horse Shows and the Annual Easter Egg Hunt. Often times his wife Gloria would proudly help with these fundraising events.

Most notably, he was the Vice Chairman for the Dickenson County Fair – the Haysi Kiwanis Club’s largest fundraising event of the year. The Fair is held the first week in August every year at the Kiwanis Park, hosting thousands of visitors.

Despite his terminal prognosis, Ronny lived each day to its fullest. Fellow club members did not expect to see him at this year’s fair, yet he came out to work just as he did years prior. “I had just joined Kiwanis last November and Ronny took me under his wing and became my mentor. He recruited me to be on the fair committee and when he fell ill, I sensed he had one more mission to complete before he retired,” remembers Ron Peters. “Ronny was not going to let the show fail--he came out to train me so I could take over his duties. This epitomizes his dedication and commitment to Kiwanis and his community.”



On October 15th, Ronny was honored by the Haysi Kiwanis Club with a Walter Zeller Fellowship. Governor David Heppner was in attendance to present him with it.

Club members would agree that that dedication was typical Ronny. He was wired to do his part for Kiwanis and the public he loved. Ronny passed away on away October 25, 2015 at the age of 66, and his loss has been felt around the community.

“I feel fortunate to have become friends with Ronny and I am so pleased that I was able to attend a recent dinner in Haysi during which he was honored for his years of service to the community with a Walter Zeller Fellowship,” said Governor David Heppner. “Ronny will be long remembered for the positive impact he made on those around him, and he will be greatly missed.”



ADOPTION CERTIFICATE

KIWANIS DUCKY DERBY

Sponsored by the Capital District Kiwanis Foundation and local Kiwanis Clubs. All proceeds go to the Eight Pediatric Trauma Hospitals serving the Capital District.

DRAWING DATE: Afternoon, April 23rd, 2016

Cash Prizes: \$500, \$400, \$300, \$200 & \$100

Many additional prizes will also be awarded.



Donation: \$5.00 per ticket or 3 for \$10.00
Checks payable to: CDKF "Capital District Kiwanis Foundation"
Return Donations and this ticket to:

CDKF Treasurer, 107 S. West St., PMB 747, Alexandria, VA 22314, by Apr 8, 2016. After Apr 8th bring to the Ducky Derby Sales Booth no later than noon, Apr 23rd. (Also, please bring any unsold tickets.)

(Name - Please Print)

(Address)

(City)

(State)

(Zip)

(Telephone number with area code)

(Please print your Club & Div. # Above)

Printing Donated By: BREEGER MEDIA GROUP, Newport News, VA • 757-873-8806

ADOPTION CERTIFICATE

KIWANIS DUCKY DERBY

Sponsored by the Capital District Kiwanis Foundation and local Kiwanis Clubs. All proceeds go to the Eight Pediatric Trauma Hospitals serving the Capital District.

DRAWING DATE: Afternoon, April 23rd, 2016

Cash Prizes: \$500, \$400, \$300, \$200 & \$100

Many additional prizes will also be awarded.



Donation: \$5.00 per ticket or 3 for \$10.00
Checks payable to: CDKF "Capital District Kiwanis Foundation"
Return Donations and this ticket to:

CDKF Treasurer, 107 S. West St., PMB 747, Alexandria, VA 22314, by Apr 8, 2016. After Apr 8th bring to the Ducky Derby Sales Booth no later than noon, Apr 23rd. (Also, please bring any unsold tickets.)

(Name - Please Print)

(Address)

(City)

(State)

(Zip)

(Telephone number with area code)

(Please print your Club & Div. # Above)

Printing Donated By: BREEGER MEDIA GROUP, Newport News, VA • 757-873-8806

ADOPTION CERTIFICATE

KIWANIS DUCKY DERBY

Sponsored by the Capital District Kiwanis Foundation and local Kiwanis Clubs. All proceeds go to the Eight Pediatric Trauma Hospitals serving the Capital District.

DRAWING DATE: Afternoon, April 23rd, 2016

Cash Prizes: \$500, \$400, \$300, \$200 & \$100

Many additional prizes will also be awarded.



Donation: \$5.00 per ticket or 3 for \$10.00
Checks payable to: CDKF "Capital District Kiwanis Foundation"
Return Donations and this ticket to:

CDKF Treasurer, 107 S. West St., PMB 747, Alexandria, VA 22314, by Apr 8, 2016. After Apr 8th bring to the Ducky Derby Sales Booth no later than noon, Apr 23rd. (Also, please bring any unsold tickets.)

(Name - Please Print)

(Address)

(City)

(State)

(Zip)

(Telephone number with area code)

(Please print your Club & Div. # Above)

Printing Donated By: BREEGER MEDIA GROUP, Newport News, VA • 757-873-8806

ADOPTION CERTIFICATE

KIWANIS DUCKY DERBY

Sponsored by the Capital District Kiwanis Foundation and local Kiwanis Clubs. All proceeds go to the Eight Pediatric Trauma Hospitals serving the Capital District.

DRAWING DATE: Afternoon, April 23rd, 2016

Cash Prizes: \$500, \$400, \$300, \$200 & \$100

Many additional prizes will also be awarded.



Donation: \$5.00 per ticket or 3 for \$10.00
Checks payable to: CDKF "Capital District Kiwanis Foundation"
Return Donations and this ticket to:

CDKF Treasurer, 107 S. West St., PMB 747, Alexandria, VA 22314, by Apr 8, 2016. After Apr 8th bring to the Ducky Derby Sales Booth no later than noon, Apr 23rd. (Also, please bring any unsold tickets.)

(Name - Please Print)

(Address)

(City)

(State)

(Zip)

(Telephone number with area code)


(Please print your Club & Div. # Above)

Printing Donated By: BREEGER MEDIA GROUP, Newport News, VA • 757-873-8806



SHARE YOUR SUCCESS

If your club has a success story, simply email a summary and a few high resolution photos to editor@capitaldistrictkiwanis.org to be considered for possible future use in a Kiwanis publication.



\$1.80 is all it takes
to **protect**
the **connection**
between a **mother**
and her **child.**

1 U.S. Fund for UNICEF/Cambodia

www.TheEliminateProject.org

ELIMINATE
maternal/neonatal tetanus
 **Kiwaniis** |  **unicef**